HEART OF APPALACHIA

Nestled in the southwest corner of the state, the HEART OF APPALACHIA region is known for the rugged beauty of its landscapes, as well as its vibrant culture and people. Adventure abounds among roaring rivers and stunning vistas, while picturesque mountain towns draw you in with the sights, sounds and tastes of Appalachia.

CRUISE

Hop on your motorcycle or roll the windows down for a drive through the Heart of Appalachia. With over a dozen scenic Appalachian Backroads to ride, you won’t find this kind of beauty anywhere else. Become a “Dragon Master” on the Back of the Dragon route, offering 32 miles of the most exciting and technical road you’ll ever drive. Or try Bootlegger’s Run, named for the bootlegging trade of the 1920s, with 145 miles of curvy backroads that will make you feel like a part of its history. Don’t miss a chance to spot Big Foot himself along the Woodbooger Drive near Norton!

PADDLE

The vibrant communities along the Clinch River can’t wait to show off their stunning beauty and small town hospitality. Start at Tazewell to explore historic architecture and mountain heritage before moving on to Cedar Bluff and its restored gristmill. Get a look at late 19th-century architecture in former coal boom town Richlands, now a cultural hub. Honaker, listed on the Virginia Register of Historic Places, allows you to pause for a home-style meal before heading back on the water. Cleveland offers a quiet space filled with natural treasures like waterfalls and rare plant species. Continue your river path to St. Paul, where you can pause your tubing trip to check out hiking trails, a riverside disc golf course or visit Bluebell Island.

ZIP

A five-mile gorge plunging to 1,650 feet makes Breaks Interstate Park the “Grand Canyon of the South.” With seven gorgeous overlooks, all visitors – no matter their mode of transportation, be it by bike, horseback or on the water – will find themselves exploring just like those who came before them, from indigenous tribes and farmers to lumberjacks and moonshiners. Get a bird’s eye by hopping aboard the Canyon Rim Zipline to careen across the mountaintops for this one-of-a-kind experience. Whitewater rafting, rock climbing, geocaching and more adventures await.

LISTEN

No road trip is complete without the ultimate Southwest Virginia playlist. Relive music history at the Carter Family Fold in Hiltons, where you’ll have a newfound appreciation for this historical family and their traditional mountain and folk music. Family-friendly Saturday night performances honor the first family of country music, where every instrument is acoustic and all guests are encouraged to dance the night away. Or, experience the Ralph Stanley Museum, where you’ll rediscover one of the most authentic voices of country music that ever lived. You’ll see memorabilia, including his beloved banjo and even a Grammy, and have an interactive experience that’ll take you back in time – and possibly have you singing the entire way home.

ZOOM

Get your heart rate up on Spearhead Trails, with over 550 miles of trails on six systems that offer something for everyone no matter your travel preference or skill level. Looking for more adventure? Whether hiking, biking or kayaking, ATV riding, horseback riding or white-water rafting, you can get your adrenaline fix thanks to the region’s state parks, one-of-a-kind natural wonders like Devil’s Bathtub and Burke’s Garden, and breath-taking views from High Knob Tower.
Furnished beach cottages & condos - North End, Croatan, resort. Book online.

Lovely restored historic mansion - now a bed and breakfast.

Breathtaking property offering elegance and a touch of whimsy.

Lovely bed & breakfast nestled on a scenic 30-acre farm.

757-371-5896 • meadowbrookfarmbedandbreakfast.com

Meadowbrook Farm Bed & Breakfast

Newly renovated waterfront hotel downtown - club level. Walk to attractions.

276-622-6664 • Marriott.com/orfsi

Mountainside Inn

I

Mountain biking, hiking; nine spearheadtrails.com. 30-mile ride.

41676 West Morgan Ave., Pocahontas, 276-762-5297; stpaulva.org.

Blue Bell Island hiking trail.

tennis, basketball, baseball, swimming pool, 276-762-5297; stpaulva.org.

A.R. Matthews Park

276-762-0011; 3028 4th Ave. Market Sq., Tazewell, VA

The Sessions Hotel

Colonial Houses

- 128 miles with 40 miles of scenic trail system for ATVs, mountain biking, fishing, hiking, picnicking and camping.

Spearhead Trails/Mountain View OHV Trail System

3016 4th Avenue Market Sq., 276-398-8100.

RESTAURANT GUIDE

The Courthouse Inn

Golf, marina, hiking trails, bike rental, tennis, spa.

800-359-4049; virginiacreeperlodge.com

Virginia Creeper Lodge

6 rooms, large kitchen, large deck with fire pit, overlooking Laurel River, flat-screen TV, microwave, mini-fridge, mountain views.

276-451-8516 • virginiacreeperlodge.com

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Abingdon 24210

Abingdon 24210

Damascus 24236

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Pound

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Cooper’s Ridge

Pocahontas

Virginia Green Program

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SOUTHERN VIRGINIA

Cooper's Landing Inn & Traveler's Tavern
434-376-2064 • cooperstravelers.com
Outdoor activities, cave tours, alignis, tavern, patio dining room service, kayaks/bikes.
801 Virginia Ave., Clarksburg 24227

NORTHERN VIRGINIA

Fredericktown Hospitality House and Conference Center
540-786-6221 • fredericktownhospitalityhouse.com
Balconies. Convenient near shopping and restaurants. On-site site-club, restaurant.
2801 Flax Rd., Frederickburg 22401

Inn at Evergreen
434-362-6781 • innatevergreen.com
Historic charm meets modern amenities. Golf course, tennis, private bathroom, fireplace, and more.
10990 Berkeley Dr., Haymarket 20169

SOUTHWEST VIRGINIA HEART OF APPALACHIA

Western Front Hotel
274-738-8000 • westernfronthotel.com
Luxury guest rooms, restaurant, outdoor music, fitness room, on-site ATV rentals, fishing.
305 Fourth St., St. Paul 23336

CENTRAL VIRGINIA

Appomattox Inn and Suites
434-646-2000 • appomattoxinnsuite.com
Historic charm meets modern amenities. Midway between Farmville and Lynchburg.
447 Old Courthouse Rd., Appomattox 24512

Ballad House
434-362-2150 • balladhouseva.com
Six-room inn, private baths, televisions, relaxing porches, good food.
210 Oakleigh Ave., Appomattox 24512

Monogram Resort
434-443-5363 • montfairresortfarm.com
2500 Resedal Dr., Crozet 22932

Stay-over Suites
804-462-1337 • stayover-suites.com
Executive suites & extended stay. All kitchens, gas grills and patio area, close to Petersburg National Battlefield Park.
4111 Old Woodlawn Dr., Hopewell 23860

Holiday Inn Express & Suites Charlottesville/Ruckersville
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1320 Seminole Trl., Ruckersville 22968

Blue Ridge Lodging - Greene County
434-985-6060 • blueridgedlodge.com
Inns, cabins, cottages, lodge with mountain views near Shenandoah National Park.
813 Seminole Trl., Ruckersville 22968

Cradock Terry Hotel & Event Center
434-405-1500 • craddockterryhotel.com
Circa 1864 restored Victorian-style boutique hotel, luxury rooms, two restaurants and banquet.
1320 Commerce St., Lexington 24450

The Virginian Lynchburg, Curio Collection by Hilton
434-329-2000 • hiltonlodge.com
Restored to its historic grandeur with modern amenities. 3 on-site restaurants including Lynchsburg’s only rooftop restaurant and bar.
712 Church St., Lexington 24450

Linden Row Inn
434-783-7000 • lindeneresort.com
Award-winning restaurant, indoor pool, boutique historic hotel. Near VCU and museums.
180 E. Franklin St., Richmond 23219

COASTAL VIRGINIA EASTERN SHORE

Comfort Suites
757-336-3598 • chincoteaguecomfortsuites.com
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757-336-5521 • refugeinn.com
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Sea Shell Motel
757-336-5522 • seashellmotel.com
Family friendly. Private balconies, pool, location, central to all attractions.

Waterside Inn
757-336-3435 • watersideinn.biz
Private water activities. private jet ski launches, fishing pier/marina, seasonal heated waterp.
3161 Main St., Chincoteague 23336

SHENANDOAH VALLEY

Massanutten Resort
540-286-9640 • massanutten.com
Luxury guest rooms, spa, zip lines, shopping, kids programs.
1302 Resort Dr., Massanutten 22840

The Village Inn
540-464-8222 • thevillageinn.com
Experience southern hospitality in a charming and cozy restored mansion.
4759 South Valley Pke, Harrisonburg 22801

Briery Hill Bed & Breakfast
540-464-8622 • brieryhill.com
Historic, art deco, hot apple cider, tourist information, hot breakfast.
901 Bordon Rd., Lexington 24450

Hampden Inn by Hilton Club Allo
540-463-2225 • hiltoninn.com/lexington-historic-1-888-222-2209 Walk to historic attractions, dining, conference center.
411 N. Lee Hwy., Lexington 24450

Maple Hill Inn
540-377-2322 • maplehillinn.com
Historically restored unique and genuine southern Hospitality.
200 Arcadian Rd., Lexington 24450

Sugar Tree Inn
540-297-2531 • suggar-treeinn.com
Free snacks and drinks, in-room coffee and fireplaces, entertainment library.
145 Lodge Trl., Vreeland 22483

Allitar Lodging Vacation Cabin Rentals
540-843-0600 • allitarlodge.com
Unique cabins, rustic retreats, kitchen, BBQ, pet welcome!
801 E. Main St., Luray 22835

Luxor Caverns Motel
888-663-4500 • luxor-hotel.com
Opposite Luxor Caverns, minutes from Shenandoah National Park.
15 Alexa, Luray 22835

Manor House & Cottage Collection
540-769-1200 • manorhouse.com
Historic home, luxury cottages, on lake, lawn and game area. Weddings and reunions.
401 Main St, Luray 22835

Muirdin Inn
540-740-5200 • muirdinn.com
Historic home, cozy rooms, close to downtown location near Luxor Caverns, Shenandoah National Park.
401 W. Main St., Luray 22835

Shenandoah River Outfitters Log Cabins
540-743-4550 • shenandoahriver.com
11 log cabins, waterfront, hot tubs, BBQ, firepits, canoe rentals, campground.
6306 S. Page Rd., Luray 22835

Natural Bridge Historic Hotel and Conference Center
540-295-2222 • naturalbridgeva.com
Historic style furnished hotel with impressive Blue Ridge Mountain views.
7038 Midlothian Blvd., Chisomnigg 23116

LODGING GUIDE
**Big Meadows Lodge**
877-247-9261 • goshenandoah.com
In-park historic lodge with 97 rooms & restaurant located off Skyline Drive.

**Lewis Mountain Cabins**
877-247-9261 • goshenandoah.com
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**Skyland**
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