

Roanoke River—Roanoke

VIRGINIA MOUNTAINS

The **VIRGINIA MOUNTAINS** region connects small towns and vibrant cities through scenic drives in the western reaches of the state. With breathtaking views and a wealth of fresh air adventures, this outdoor mecca invites you to explore and enjoy before kicking back to enjoy your favorite locally crafted beverage.



SAM DEAN

ADVENTURE

Head to the **East Coast Mountain Biking Capital** to become a #Trailsetter in Virginia's Blue Ridge! Outdoor lovers will enjoy over 1,000 trail miles of mountain biking and hiking, plus blueways and water trails for paddling, kayaking and canoeing. While you're in the area, pop over to recently expanded **Explore Park** for camping in yurts and pod cabins, and don't miss a chance to soar through the trees on the new **Treetop Quest** aerial adventure course with zip-lines.

TREK

Take a hike to one of the healthiest, most biologically diverse forests in the world in **Virginia's Western Highlands**. A stark contrast to one of the region's many greenways, National Forest land features sightings of wildlife, such as black bears, bobcats, brook trout and songbirds, as well as rare and unusual plants. Trails throughout the Alleghany Highlands and the counties of Bath, Craig and Highland offer insights to the region's rich heritage, gorgeous landscapes and friendly communities. You can even access the famed **Appalachian Trail!**



Dody Ridge Mountain Bike Trail—Roanoke



Concerts by Canoe—Henry

SPLASH

Time for kayaking, tubing and biking in the Alleghany Highlands, where you can explore the great outdoors along the **Jackson River Blueway** or **Scenic Trail**. The newly opened **Alleghany Outdoors** in Covington rents kayaks, tubes, bikes and rafts, and offers the ultimate outdoor experience for locals and visitors. Try a combo trip for the ideal day outside, and pack a picnic lunch to enjoy on the back deck overlooking the river! Want to slow things down? Head east to **Smith Mountain Lake** for a houseboat excursion, thanks to **Parrot Cove Boat Rentals and Sales**, to explore the more than 500 miles of shoreline and hidden nooks and inlets of this unique man-made lake. Or head south to **Philpott Lake** for **Concerts by Canoe** (or tube or SUP) – featuring live music on a floating stage for a floating audience!

QUENCH FISH

Taste-test delicious craft brews at **Explore Park's** historic **Brugh Tavern**, where **Twin Creeks Brewing** recently opened their second location. A few hops away is **Beale's** in Bedford, **Chaos Mountain Brewing** in Callaway and **Hammer and Forge** in Boones Mill. Prefer a more urban experience? Try **Three Notch'd** in downtown Roanoke, which is also family-friendly; **Deschutes Tasting Room** for a variety of flavors; or **Big Lick Brewing**, where your pups can enjoy the afternoon together, too!

There's plenty of outdoor fun to enjoy in the mountain hamlet of Paint Bank. Hunting and fishing enthusiasts can start at the state fish hatchery, capturing a unique look into the trout rearing and stocking process, with 1.6 million trout in all stages of development. Pack up your gear for a trip to **Big Pine Trout Farm**, where sportsmen test their skills for trophy-sized trout (and can even take home the catch for the evening's supper!). Finish up your adventures by stepping across an actual swinging bridge in the **Paint Bank General Store** at **The Swinging Bridge Restaurant**, complete with wildlife displays, gifts and hunting and fishing supplies.



VIRGINIA'S Franklin County

Virginia's Franklin County is literally a vibrant confluence of gateways. It's your gateway to a beautiful landscape, world-class outdoor recreation and incredible touchstones of Appalachian music and history. From the East, we are your gateway to Virginia's mountains. Heading west, we are the gateway to the Crooked Road, Virginia's Heritage Music Trail. We're also a gateway to Virginia's Rail Heritage Region. Whether you're here for a weekend getaway or looking to spend significant time here, there's something for everyone in Franklin County. Families will love the close proximity to two premier jewels of the outdoors – Smith Mountain Lake and Philpott Lake – where summer fun and seasonal events make for unforgettable vacations. Music lovers will marvel at the sound quality of the nationally acclaimed Harvester Performance Center in Rocky Mount. We also boast a passionate craft beverage industry of breweries, distilleries and wineries.



Learn

HERITAGE

Known as the "Moonshine Capital of the World" during the Great Moonshine Conspiracy Trial of 1935, there's much more to the area's history and much of it based on our connection to the land. Attend the nearly 50-year-old Blue Ridge Folklife Festival to experience captured regional heritage at the Blue Ridge Institute & Museum at Ferrum College. Agriculture is also presented with the Booker T. Washington National Monument, which honors the birthplace of America's most prominent African American educator and orator.



Play

OUTDOORS

Plug into the vibrancy that is Smith Mountain Lake or quite literally unplug to feel the serene essence that is Philpott Lake. Coast with our mountain and trail biking, navigate five blueways, or experience miles of designated scenic byways. We are one of a handful of locations on the East Coast that offers two forms of wakeboarding: boat riding and cable riding. With two lakes and four rivers, fishing reigns. We are also home to the Blue Ridge Parkway's Smartview Recreation Area.

Experience

CULTURE

Sample homegrown harvests at the Rocky Mount Farmers Market, the Foothills Produce Auction in Boones Mill, and various farmstands that dot the landscape. A state leader in dairy cows, Franklin County gave rise to the nationally known Homestead Creamery. Take in Americana music via our presence on the Crooked Road, Virginia's Heritage Music Trail. Peruse local shops for antiques and traditional handcrafted finds.



Do it all in Virginia's Franklin County

Cahas Mountain
elevation 3,571 ft



VIRGINIA IS FOR
MOUNTAIN LOVERS

Franklin County is a distinct outdoor destination along the Blue Ridge Parkway. It is a landscape woven with miles of roads, trails, and waters perfect for adventures of all kinds. Bike along nearly 50 miles of scenic byways.

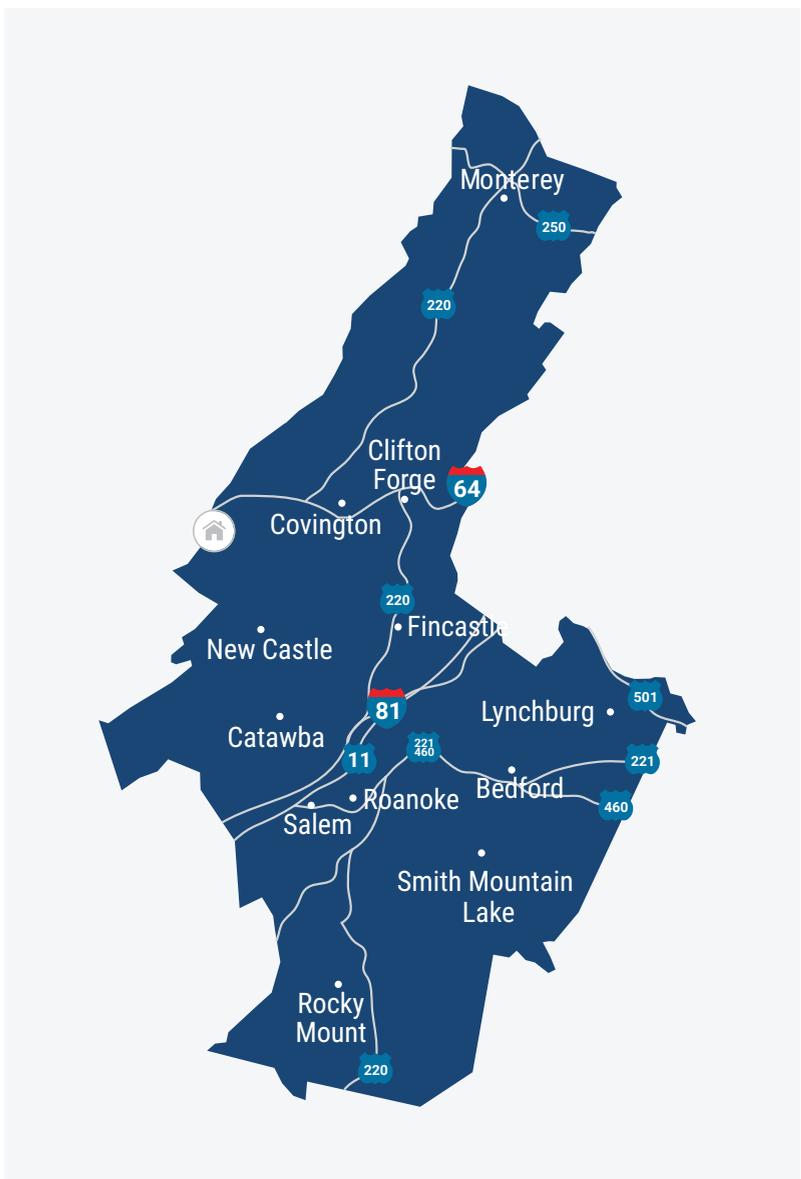
You can paddle on one of five blueways, including Philpott Lake. Or spend the day boating on one of two lakes, including Smith Mountain Lake. Finish the day with a craft beverage at one of our fine wineries, breweries or distilleries.



Franklin County
A Natural Setting for Opportunity

(540) 483-3030 | VisitFranklinCountyVA.com





Welcome Center at Covington
 Virginia Tourism Corporation
 Mile Marker 2, I-64 Eastbound
 Covington 24426
 540-559-3010

Hunter's Raid Civil War Trail
 816 Burks Hill Rd.,
 540-587-5681; civilwartrails.org.
 Bedford hosts four sites.
 Information at Bedford Area
 Welcome Center.

National D-Day Memorial
 3 Overlord Cir., 540-586-3329;
 dday.org. This national
 monument honors the Allied
 forces on D-Day.

Peaks of Otter
 Milepost 86, Blue Ridge Pkwy.,
 866-387-9905; peaksofotter.
 com. Hiking, fishing,
 wildflower trails, picnic areas,
 campgrounds, spectacular
 mountain views.

BIG ISLAND
Sedalia Center
 1108 Sedalia School Rd.,
 434-299-5080; sedaliacenter.
 org. Venue hosting concerts,
 festivals, workshops and more.
 Camping available.

BOONES MILL
Town of Boones Mill
 359 Boones Mill Rd., 540-334-
 5404; townofboonesmill.org.
 Rail heritage, craft beer &
 spirits, art and great food.

Boones Mill Historic District
 Downtown, Main/Easy Sts.,
 540-334-5404; nps.gov/nr/
 feature/places/14000526.htm.
 Discover a vibrant community
 rich with local history.

Historic Boones Mill N&W Depot
 24 Depot Dr., 540-334-5404;
 townofboonesmill.org. National
 Register listed, built in 1892
 and public restoration project.

BUCHANAN
Buchanan Historic Theatre
 19778 Main St., 540-254-1155;
 buchanantheatre.com. Big
 Screen in small town. National
 Register of Historic Places.

Historic Buchanan
 19753 Main St., 540-254-1212;
 townofbuchanan.com. Small
 town with more than 200 years
 of history.

CALLAWAY
Franklin County Speedway
 385 Speedway Ln.,
 540-238-9955; facebook.com/
 FranklinCoSpeedway. Regional
 stock car racing on 3/8-mile
 paved oval track.

CLIFTON FORGE
C&O Railway Heritage Center
 705 Main St., 540-862-8653;
 coh.org. Railway heritage
 museum that tells the story of
 C&O Railway.

Clifton Forge School of the Arts
 518 Church St., 540-862-7275;
 cfsota.org. Offers a large array
 of classes specializing in the
 arts.

Historic Masonic Theatre
 510 Main St., 540-862-5655;
 historicmasonictheatre.com.
 Constructed in 1905, now used
 as a performing arts center.

Jack Mason's Tavern
 400 E. Ridgeway St.,
 540-862-5624;
 jackmasonstavern.com. Open
 at 11am, seven days a week for
 lunch, dinner, craft beer and
 lots of fun!

Masonic Amphitheatre
 513 Church St., 540-862-5655;
 historicmasonictheatre.com.
 A unique venue that offers
 entertainment in music and
 theater performances.

COVINGTON
**Alleghany Highlands Chamber
 of Commerce & Tourism**
 110 Mall Rd., 540-962-2178;
 visitalleghanyhighlands.com.
 Beautiful mountain views,
 endless outdoor recreation
 and two walkable downtowns
 with locally owned shops and
 restaurants. Historic treasures
 and a thriving arts community.
 Get away, enjoy - it's uniquely
 Alleghany!

Alleghany Highlands Blueway
 110 Mall Rd., 540-962-2178;
 alleghanyhighlandsblueway.
 com. Miles of scenic rivers and
 shoreline on two pristine lakes.

**Alleghany Highlands Genea-
 logical Society**
 515 East Pine St., 540-962-1501;
 ahgscov.org. Library and
 archives with hundreds of old
 photos and records.

Alleghany Highlands Trails
 110 Mall Rd., 540-962-2178;
 alleghanyhighlandstrails.com.
 Many miles of challenging
 trails with peaceful mountain
 views.

**Alleghany Historical Society
 Covington Depot**
 149 Maple Ave., 540-965-0149;
 alleghanyhistorical.org.
 Restored 1908 C&O passenger
 depot and 1890 freight
 depot.

Blue Spring Run Farm
 3901 Blue Spring Run Rd.,
 540-747-2055;
 bluespringrunfarm.com. Tours,
 seasonal produce, baked goods
 and sweet treats available
 year-round.

Children's Forest
 State Route 18, James River
 Ranger District, 540-962-2214;
 visitalleghanyhighlands.com.
 Planted by children, a unique
 site offering an easy hike.

Falling Spring Falls
 Scenic overlook on Rt. 220
 north of Covington,
 540-962-2178;
 visitalleghanyhighlands.
 com. Remarkable cascade
 falling about 80 feet to the
 valley below.

Historic Humpback Bridge
 1-64 Exit 10 to Rt. 60,
 540-962-2178;
 visitalleghanyhighlands.com.
 The oldest bridge of this
 style in existence; wayside
 park.

Jackson River Scenic Trail
 540-863-6622;
 alleghanyhighlandstrails.com.
 14.4-mile trail for biking,
 hiking and horseback
 riding.

**Jackson River Sports
 Complex**
 870 West Edgemont Dr.,
 540-965-6360; covington.
 va.us. State-of-the-art
 sports facility. Athletic
 fields, tennis courts, driving
 range and amphitheater.

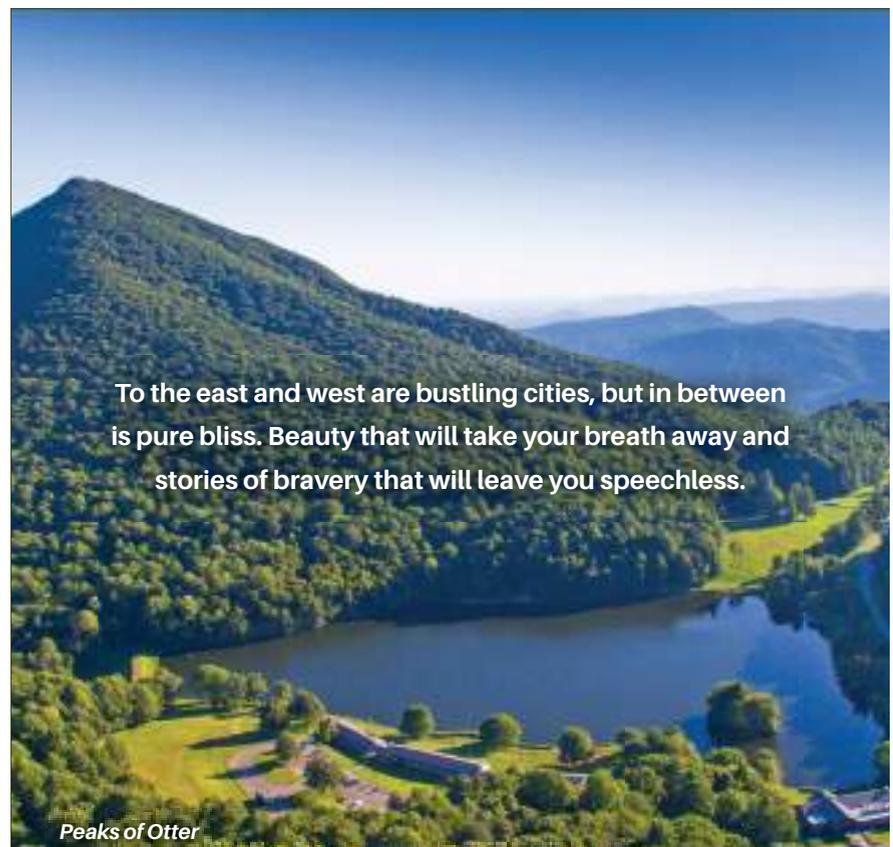
**Lake Moomaw,
 Gathright Dam**
 South end of Lake
 Moomaw, Morris Hill
 Rd., 540-962-2178;
 visitalleghanyhighlands.
 com. Nestled in the scenic
 Allegheny Mountains;
 camping, boating, fishing,
 swimming

**Main Street Park/Engine
 701**
 420-432 W. Merry Ln.,
 540-962-6360; covington.
 va.us. Six-acre
 community park with the
 refurbished 701 Steam
 Engine.

River Rock Amphitheatre
 870 West Edgemont
 Dr., 540-965-6360;
 covington.va.us. Seasonal
 entertainment in a unique
 venue.

**Wrightsville Heritage
 Museum**
 702 Wrightstown Rd.,
 540-962-6787;
 tmfndt.wix.com/
 themccclintonfoundation.
 Historical artifacts,
 paintings, furniture,
 machinery, clothing. Some
 dating back to slavery.

EAGLE ROCK
**Roaring Run Recreation
 Area**
 450 Roaring Run Rd.,
 540-928-2130;
 visitvbr.com/botetourt.
 Early 1800s iron furnace;
 leisurely hike to exquisite
 water fall.



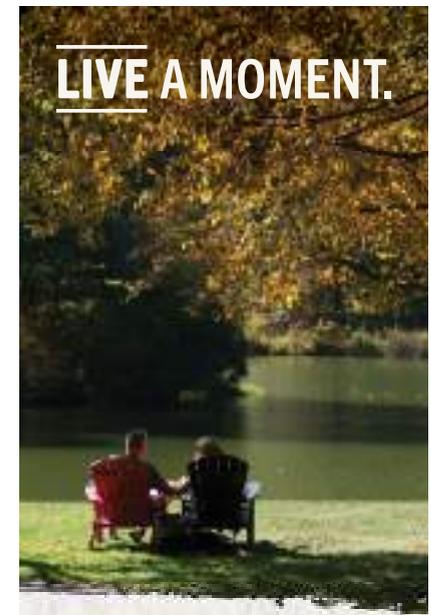
To the east and west are bustling cities, but in between is pure bliss. Beauty that will take your breath away and stories of bravery that will leave you speechless.

Peaks of Otter

Where Ordinary Ends...
BEDFORD BEGINS.



National D-Day Memorial



FIND YOURSELF HERE.
 peaksofotter.com | 866.387.9905

PEAKS of OTTER
 LODGE

Hospitality managed by Delaware North



DestinationBedfordVa.com
 877-447-3257 | #DestinationBedfordVa

VIRGINIA IS FOR MOUNTAIN LOVERS



Peaks of Otter Lodge—Bedford



Carvins Cove Natural Reserve—Botetourt County

FERRUM
Blue Ridge Institute and Farm Museum
 Ferrum College, 20 Museum Dr., 540-365-4416; blueridgeinstitute.org. State center for Blue Ridge folklore. Folklife exhibits.

FINCATTLE
Botetourt County Chamber of Commerce
 13 West Main St, 540-473-8280; botetourtchamber.com. Visit Botetourt located in the heart of Virginia's Blue Ridge.

Botetourt County Recreation and Facilities
 16 East Main St., 540-928-2130; visitvbr.com/botetourt. Historic Botetourt, Appalachian Trail, James River, Parkway and more!

Blacksmith Shop/Wysong Park
 West Main St., 540-473-3077; hisfin.org. Circa 1840, it contains blacksmith tools and history of the family who owned it.

Botetourt County Historic Circuit Courthouse
 1 West Main St., 540-473-8274; hisfin.org. Original, primary source genealogy documents dating to the early 1700s.

Botetourt County Historical Museum
 Courthouse Sq., 540-473-8394; bothistsoc.wordpress.com. Houses hundreds of artifacts and historic interpretations of Botetourt County.

Fincastle Historic District
 20 West Main St., 540-473-3077; hisfin.org. A virtual museum of American architecture from 1770s-20th century.

Fincastle Library Genealogy Room
 11 Academy St., 540-928-2700; botetourtva.gov/libraries/genealogy.php. Botetourt once extended through seven present-day states. Genealogical resources available.

James Matten Early Cabin
 121 Murray St., 540-473-3077; hisfin.org. Furnished historic cabin, circa 1796, scheduled tours available.

Upper James River Water Trail
 16 East Main St., 540-928-2130; upperjamesriverwatertrail.com. Blueway with nine public access points, kayaking, tubing, canoeing, fishing.

HARDY
Booker T. Washington National Monument
 12130 Booker T. Washington Hwy., 540-721-2094; nps.gov/bowa. Birthplace of Booker T. Washington. Open daily, 9am-5pm.

Jubal A. Early Homeplace
 455 Old Hollow Ln., 540-719-0511; jubalearly.org. 1814 home of General Jubal Early. Listed in National Register, no admission fee.

Smith Mountain Lake Farm Alpacas
 Morewood Rd., 540-719-0281; smithmountainlakefarm.com. Offers guided educational, hands-on, interactive tours daily by reservation.

HENRY
Jamison Mill Recreation Park
 2000 Jamison Mill Rd., 540-483-9293; playfranklincounty.com. Scenic 300 acres along Philpott Lake, hiking/biking trails, camping and paddling.

Providence Raceway
 3399 Providence Church Rd., 540-420-6833; providenceraceway.com. Competitive kart racing on dirt bullring. Season runs April-November.

Twin Ridge Recreation Park
 1052 Twin Ridge Marina Rd., 276-629-2703; visitfranklincountyva.com. Hosts such events as the National Guard FLW College Fishing Northern Conference Championship.

HOT SPRINGS
Garth Newel Music Center
 403 Garth Newel Ln., 540-839-5018; garthnewel.org. World-class music, gourmet food, friendly people and breathtaking scenery.

HUDDLESTON
Smith Mountain Lake State Park
 1235 State Park Rd., 800-933-7275; virginiastateparks.gov.

LOW MOOR
Oakland Church & Cemetery
 Low Moor/Selma Rd., 540-962-2178; visitalleganyhighlands.com. Served as hospital during Civil War; Confederate soldiers buried here.

MCDOWELL
Highland County Museum
 161 Mansion House Rd., 540-396-4478; highlandcountyhistory.com. Explore Highland County's rich heritage and Civil War history!

McDowell Battlefield
 540-396-4478; highlandcountyhistory.com. Experience unspoiled, mountain Civil War battlefield.

MILLBORO
Coursey Springs Fish Hatchery
 300 Hatchery Ln., 540-925-2343; dgif.state.va.us. Free guided tours, 365 days a year.

Douthat State Park
 14239 Douthat State Park Rd., 800-933-7275; virginiastateparks.gov.

MONETA
Smith Mountain Lake Regional Chamber of Commerce and Visitors Center
 Bridgewater Plaza, Suite 2, 16430 Booker T. Washington Hwy., 540-721-1203; visitsmithmountainlake.com. "Jewel of the Blue Ridge"

Bridgewater Marina and Boat Rentals
 16410 Booker T. Washington Hwy, 540-721-1639; bwmarina.com. Everything you need to make your day on Smith Mountain Lake memorable.

Parrot Cove Boat Rentals
 16441 Booker T. Washington Hwy, 800-488-4516; parrotcove.com. Experience a Smith Mountain Lake vacation like none other!

Smith Mountain Lake
 540-721-1203; visitsmithmountainlake.com. 500 shoreline miles.

Smith Mountain Lake Community Park
 1480 Parkway Ave., 540-483-9293; playfranklincounty.com. Public beach access, fishing pier, walking trails, playground and more.

MONTEREY
Highland County Visitor Center
 61 Highland Center Dr., 540-468-2550; highlandcounty.org. Virginia's Sweet Spot. Hiking, birding, barn quilt tours, Maple Festival.

Fair Lawn Farm
 3118 Mill Gap Rd., 540-468-3094; comehometofairlawnfarm.com. Vintage farm tour, sugar camp, heirloom orchard. Call for appointment.

Highland County Maple Sugar Camps
 540-468-2550; highlandcounty.org/for-the-visitor/highland-countys-maple-sugar-camps. Visit a camp to learn about Maple Syrup! Call for appointments.

Highland County Walk of Honor
 165 West Main St., 540-468-2551. Highland County's tribute to our area veterans.

Laurel Fork, George Washington and Jefferson National Forests
 Laurel Fork, 540-468-2550; highlandcounty.org. Experience scenic beauty, untouched land, fishing, camping and native wildlife.

NEW CASTLE
Craig County Tourism Commission
 108 Court St., 540-864-5010; visitcraigcountyva.com. Enormous outdoor playground, 300 square miles and no traffic lights!

THOMAS JEFFERSON'S
Poplar Forest

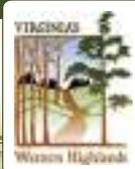
SO MUCH MORE THAN A
PRESIDENT
 SO MUCH MORE THAN A
HOUSE

Designed and built as his private retreat, Thomas Jefferson's Poplar Forest is an extraordinary architectural achievement—a National Historic Landmark, nominated as a UNESCO World Heritage Site, and an award-winning historic restoration in progress.

PLAN YOUR VISIT TODAY
POPLARFOREST.ORG/MORE

NICHOLAS MOORE

SAM DEAN



EXPLORE VIRGINIA'S WESTERN HIGHLANDS, where mountain views, charming towns and outdoor fun can be found around every bend in the road.

Outdoor Adventures ARE JUST AROUND THE BEND



Want big adventure?

Check out the sprawling four county region known as *Virginia's Western Highlands*. Find adventure ideas, driving directions and more for a great getaway at VaWesternHighlands.com



VIRGINIA IS FOR MOUNTAIN LOVERS

Alleghany Highlands | County of Bath
Craig County | Highland County

Be inspired

Garth Newel Piano Quartet

garth newel
music center

Virginia's only Year-round Chamber Music Experience.

VIRGINIA IS FOR MOUNTAIN LOVERS

Hot Springs, VA | 540.838.5018 | www.GarthNewel.org

This #UniquelyAlleghany moment courtesy of Alleghany Highlands Trails.

#OutdoorAdventure

#SingleTrack

Plan your Uniquely Alleghany getaway at VisitAlleghanyHighlands.com

VIRGINIA IS FOR MOUNTAIN LOVERS

540-962-2178 · 888-430-5786 · #UniquelyAlleghany

Alleghany Highlands OF VIRGINIA



MAGICAL JOURNEYS.

MADE IN BATH COUNTY

The back roads are winding and peaceful with stunning mountain views. The great food and legendary hospitality make the journey complete. That's a *Made in Bath County* experience.



DiscoverBath.com · 540-839-7202 · #MadeInBathVA

VIRGINIA IS FOR MOUNTAIN LOVERS

NOT ALL ESCAPES ARE CREATED EQUAL.

When you and your family travel, you bond. Whether you're experiencing falconry, horseback riding, skiing or zip lining for the first time, each day together shows you that the best experiences are the ones you share.

OMNI RESORTS
the homestead | virginia

OMNIHOTELS.COM/THEHOMESTEAD
800-838-1766

Craig County Visitor Information
 303 Main St., 540-864-8978; craiglibrary.com. Information on Craig County and historic New Castle. Start of The Craig County Barn Quilt Trail.

Fenwick Mines Day Use Area
 128 Old Jeep Rd., 540-552-4641; recreation.gov/camping/poi/249913. Hiking and horse trails, pond, picnic areas, handicap accessible.

New Castle Town Park
 210 Salem Ave., 540-864-2200; visitcraigcountyva.com. Play equipment, picnic area, open space, LOVEworks, restaurants, shopping nearby.

Old Brick Hotel & Genealogy Library
 141 Court St., 540-864-5004; visitcraigcountyva.com. Three floors of local history and artifacts.

PAINT BANK
Paint Bank Fish Hatchery
 14505 Paint Bank Rd., 540-897-5401; dgif.virginia.org. Open 7am-3:30pm daily. Family-friendly trout viewing experience.

PENHOOK
The 1769 Old Chapel Church
 436 Old Chapel Rd., 540-483-0687; visitfranklincountyva.com. Restored historic church, oldest timber-frame structure in Southwest Virginia.

ROANOKE
Virginia's Blue Ridge Visitor Information Center
 101 Shenandoah Ave. NE, 540-342-6025; visitvbr.com. Off I-81, Exit 143 and Parkway Milepost 120. Open daily.

Visit Virginia's Blue Ridge
 101 Shenandoah Ave. NE, 540-342-6025; visitvbr.com. Virginia's Blue Ridge, a metro-mountain visitor destination.

Center in the Square
 1 Market Sq. SE, 540-342-5700; centerinthesquare.org. Cultural complex housing history and science museums and a theatre.

Crystal Spring Pump Station
 2012 South Jefferson St., 540-982-5465; roanokehistory.org. View the great fly-wheel rotating and the pistons pumping.



Smith Mountain Lake

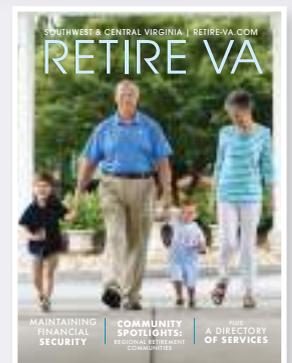
ROANOKE



- » TOP 100 BEST FOR BUSINESS DEVELOPMENT - *Inc. Magazine*
- » COST OF LIVING LESS THAN NATIONAL AVERAGE
- » BEST PLACE TO RETIRE IN VIRGINIA - *Forbes*

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TheRoanoker.com/newcomers

Your Free Retirement Guide



Retire in the Blue Ridge Mountains: Roanoke, Blacksburg, Lynchburg and Smith Mountain Lake.

Click for your Free Guide
Retire-VA.com

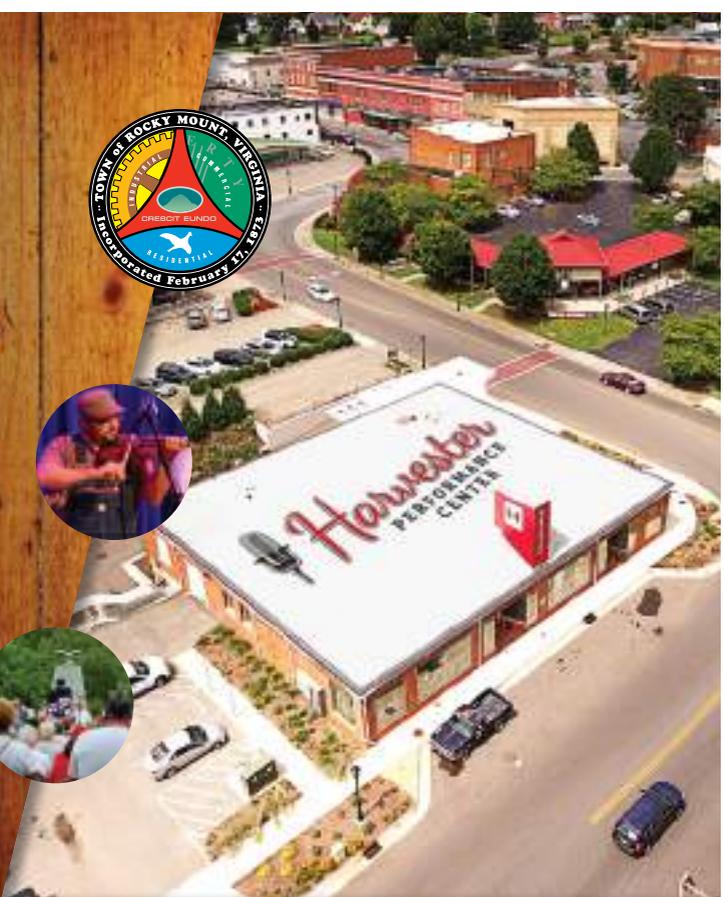
DAN WENTLING

IN ROCKY MOUNT, THE ONLY LOW NOTES YOU'LL FIND ARE ON THE DOUBLE BASS.

You'll like the sound of a trip to Rocky Mount, Virginia. The Harvester Performance Center is one of the most prolific venues in the South, welcoming more than 150 acts from bluegrass to blues to heavy metal.

But that's just our opening act. In Rocky Mount you'll experience the heritage of the Crooked Road, history that dates back to the Revolutionary War, and hometown that will strike a chord.

540-483-0907 | rockymountva.org | harvester-music.org



BE A #TRAILSETTER

VIRGINIA'S BLUE RIDGE®

AMERICA'S EAST COAST MOUNTAIN BIKING CAPITAL

PLAN YOUR NEXT VACATION AT VisitVBR.com
 800.635.5535

<p>Historic Downtown Salem 540-375-4044 VisitSalemVA.com</p>	<p>Hotel Floyd 540-745-6080 HotelFloyd.com</p>	<p>Taubman Museum of Art 540-342-5760 TaubmanMuseum.org</p>	<p>VBR Cheers Trail VBRCheersTrail.com</p>
<p>The Hotel Roanoke & Conference Center, Curio Collection by Hilton 540-985-5900 HotelRoanoke.com</p>	<p>The Inn at Virginia Tech and Skelton Conference Center 877-200-3360 InnatVirginiaTech.com</p>	<p>Starr Hill Pilot Brewery & Side Stage 540-685-2012 StarrHill.com/Roanoke</p>	<p>Virginia Museum of Transportation 540-342-5670 VMT.org</p>

VIRGINIA IS FOR MOUNTAIN LOVERS

Eleanor D. Wilson Museum at Hollins University
8009 Fishburn Dr., Wetherill Visual Arts Center, 540-362-6532; hollins.edu/museum. Features the work of renowned, emerging and regional artists.

Explore Park
BRP Milepost 115, 56 Roanoke River Parkway Rd., 540-427-1800; explorepark.org. Hiking trails, adventure course disc golf, camping and visitor center

Harrison Museum of African-American Culture
1 Market Sq. SE, 540-857-4395; harrisonmuseum.com. Showcasing the art and history of local/regional/national African Americans.

Historic Grandin Village & Theatre
1310 Grandin Rd. SW, 540-345-6177; historicgrandinvillage.com. Quaint village area with shops & restaurants including Grandin Theatre.

Historic Roanoke City Market & Downtown
213 Market St., 540-342-2028; roanokemarket.com. Shop, eat, create, explore. There's always something happening in Downtown.

History Museum of Western Virginia
101 Shenandoah Ave. NE, 540-982-5465; roanokehistory.org. Exhibits and programs on the history of Western Virginia.

Jefferson Center
541 Luck Ave., Ste. 221, 540-345-2550; jeffcenter.org. Historic performing arts theater, art gallery and conference facilities.

Kids Square
1 Market Sq. SE, 3rd floor, 540-342-5777; kidssquare.org. Exhibits encourage play, education and development of gross motor skills.

Mill Mountain Theatre
1 Market Sq. SE, 540-342-5740; millmountain.org. A year-round live professional theatre since 1964.

Mill Mountain Zoo
540-343-3241; mmzoo.org. 183 animals, representing 70 species, miniature train, picnic area, views.

O. Winston Link Museum
101 Shenandoah Ave. NE, 540-982-5465; roanokehistory.org. Highlighting the photography of O. Winston Link.

Roanoke Pinball Museum
One Market Sq., SE, 540-342-5746; roanokepinball.org. An interactive museum dedicated to the science and history of pinball.

Roanoke Star & Overlook
Mill Mountain - Blue Ridge Parkway Milepost 120, Roanoke 24016, 540-853-1236; playroanoke.com/the-roanoke-star. 100-foot historic man-made star on Mill Mountain. Beautiful scenic overlook.

Science Museum of Western Virginia
1 Market Sq. SE, Ste. 4, 540-342-5710; smwv.org. A variety of exhibits that span the spectrum of science.

Splash Valley Water Park
7415 Wood Haven Rd., 540-777-6300; splashvalleywaterpark.com. Outdoor water park featuring slides, a current river, children's sprayground and more!

Taubman Museum of Art
110 Salem Ave. SE, 540-342-5760; taubmanmuseum.org. Original art exhibitions, special programs, fun events - family friendly!

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Virginia's Blue Ridge Cheers Trail
540-309-1781; vbrcheerstrail.com. A regional trail of craft beverages throughout Virginia's Blue Ridge.

Virginia Museum of Transportation
303 Norfolk Ave. SW, 540-342-5670; vmt.org. Virginia's official transportation museum. Locomotives, antique automobiles, aviation. \$

ROCKY MOUNT Franklin Office of Economic Development - Tourism
1255 Franklin St., Suite 112, 540-483-3030; visitfranklincountyva.com. The Gateway to the Virginia Mountains Region and much more.

Town of Rocky Mount
345 Donald Ave., 540-483-7660; rockymountva.org. Great music, restaurants, outdoor recreation and historic tours.

Franklin County Artisan Studio and Harvest Tour
52 Franklin St., 540-483-2850; artandharvest.com. Annual October Self Guided Tour featuring local art, craft and agricultural products.

Franklin County Barn Quilt Trail
540-483-5161; barnquilttrailfc.com. Largest barn quilt trail in Virginia, view land or water.

Franklin County Historical Society Museum and Research Library
460 S. Main St., 540-483-1890; franklincountyvirginiahistoricalsoc.org. Explore local history and research family roots. Annual special events.

Grassy Hill Natural Area Preserve
150 Technology Dr., 540-265-5234; dcr.virginia.gov/natural-heritage/natural-area-preserves/grassyh. 6.6-mile trail within 1,440 acres hosting unique woodland settings.

Harvester Performance Center
450 Franklin St., 540-484-8277; harvester-music.com. Amazing sounds in a historic hardware store! 175 shows yearly!

Rocky Mount Historic District
Downtown Rocky Mount - Franklin St., 540-263-8319; historicrockymount.com. Discover hidden gems throughout downtown. National Register of Historic Places.

Waid Recreational Area
701 Waid Park Rd., 540-483-9293; playfranklincounty.com. Bike and hiking trails, playground, sports fields, river access and more.

White Lightening Artisan Trail
540-483-3030; whitelighteningartisantrail.com. Handmade, homemade, homegrown craft, arts, products in studios and shops.

SALEM

Salem Visitor's Center
1001 Roanoke Blvd., 540-375-4044; visitsalemva.com. Visitors center with information on Salem & Virginia's Blue Ridge.

Dixie Caverns
Directly off I-81 at Exit 132, 540-380-2085; dixiecaverns.com. Cavern tours, gift and rock shop and antiques mall, campground. Open all year. \$

Downtown Salem Historic District

Main St., Academy St. to College Ave., 540-375-4044; visitsalemva.com. National Historic District encompassing 34 building dating from late 19th and early 20th centuries. Features eateries, brewery, gift shops and Roanoke College Campus. \$

Salem Museum
801 East Main St., 540-389-6760; salemmuseum.org. Celebrating 250+ years of regional history: historic house, art, gardens.

Salem Red Sox Baseball
1004 Texas St., 540-389-3333; salemsox.com. Class A Minor League Baseball Club. April-September season. \$

Salem's 9-11 Memorial

Corner of Market & Calhoun Streets, 540-375-3081; visitsalemva.com. Lasting tribute to 9/11 located one block from Main Street.

SANDY LEVEL

Smith Mountain Lake Dam Visitors Center
2072 Ford Rd., 540-985-2587; smithmntn.com. At the visitors center overlooking the dam, you'll enjoy learning how electricity is generated.

TROUTVILLE

Botetourt Sports Complex
160 Preston Pkwy., 540-928-2400. Botetourt Sports Complex hosts youth baseball and softball for all ages. \$

Town of Troutville Town Park
5340 Lee Hwy., 540-992-4401; townoftroutville-va.gov/TownPark.php. Troutville: a little town with a big heart... don't miss the Town Park!

VINTON

High Ground Veterans Monument
814 Washington Ave., 540-983-0645; vintonva.gov. Honoring veterans who serve and who have served.

Vinton History Museum
210 East Jackson St., 540-342-8634; vintonhistorymuseum.org. An educational, fun and free experience for everyone!

WARM SPRINGS

Visitor Information Gazebo
Junction of Route 39 & 220, 540-983-7202; discoverbath.com. Find information on local attractions, outdoor recreation, lodging, dining and shopping.

Bath County Historical Society Museum
99 Courthouse Hill, 540-839-2543; bathcountyhistory.org. Historical museum and research library. Call for seasonal hours.

Blowing Springs
Route 39, 7608 Mountain Valley Rd., 540-839-2521. Hiking, wildlife, birding, fishing.

Bolar Mountain Recreational Area
Rt 600, 756 Twin Ridge Dr., 540-839-2521; discoverbath.com. Swimming, camping, fishing, hunting, boating, hiking, wildlife, birding, picnic area.

Dominion Back Creek Recreation Area
Route 600, 316 Power Station Dr., 540-279-4136; discoverbath.com. Swimming, hiking, non-power boating, picnic areas.

Gathright Dam
316 Power Station Dr., 540-962-1138; discoverbath.com. Scenic overlooks, camping, boating, fishing, swimming, hiking.

Hidden Valley Recreational Area
1531 Hidden Valley Rd., 540-839-2521; discoverbath.com. Camping, fishing, hiking and biking trails, birding, wildlife.

Lake Moomaw at Bolar Mountain Recreational Area
756 Twin Ridge Dr., 877-444-6777; discoverbath.com. A renowned fishing spot. Activities include boating, fishing, hiking, biking, camping.

Pumped Storage Station
Route 600, 316 Power Station Dr., 540-279-4136; discoverbath.com. Cited as one of the nation's most outstanding engineering achievements.

Warm Springs Mountain Preserve
Route 39 and Route 703, 540-839-3599; nature.org. Trails known for amazing diversity of natural communities, plants, animals.

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